



Continue in Prayer

Colossians 4:2 Continue in prayer, and watch in the same with thanksgiving;

Romans 12:12 - Rejoicing in hope; patient in tribulation; continuing instant in prayer;

What does prayer mean?

To offer a verbal request or petition to God.

Why pray?

Because God answers prayers.

Psalms 55:16-17, Ps 18:6, Ps 34:17, Ps 46:1-2, Ps 50:15, Ps 91:15, Ps 145:18-19, Jer 29:12-13, Jer 33:3, Is 58:9, Is 65:24, Php 4:6-7, 1 John 3:22, 1 Peter 5:7, John 16:23-24, John 14:13-14.

More so, He told us to pray to request for whatsoever we desire.

The essentiality of prayer cannot be overemphasized. There are certain things that will never happen if you don't pray.

Matthew 17:21 - Howbeit this kind goeth not out but by prayer and fasting. (Mark 9:29)

Matthew 21:22 - And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.

Mark 11:24 - Therefore I say unto you, what things soever ye desire, when ye pray, believe that you receive them, and ye shall have them.

Philippians 4:6 - Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.

There can never be too much prayer. So, there is nothing called prayer overload. If indeed you say there is too much prayer, the implication would be too many answers.

Luke 6:12 - And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.

Ephesians 6:18 - Praying always with all prayer and supplication in the Spirit, and watching there unto with all perseverance and supplication for all saints;



1 Thessalonians 5:17 - Pray without ceasing.

1 Timothy 2:8 - I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.

James 5:13 - Is any among you afflicted? Let him pray. Is any merry? Let him sing psalms. 14 Is any sick among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord:

Jude 1:20 - But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost,

This continuous praying, you see in the disposition of the apostles and early Christians.

Attitude of the apostles to prayer.

Acts 1:14, 2:42, 3:1, 6:4, 12:5, 16:13, 16, Romans 1:8-10, Ephesians 1:15-23, 3:14-21, Philippians 1:3-4, Colossians 1:3, 4:12-13, 1 Thessalonians 1:2, 2 Thessalonians 1:3, 11-12

Old testament folks are not left out. Exodus 32:32, 33:13, 34:9, Numbers 10:31, 11:21 Samuel 12:23, 2 Chronicles 7:14

Instructions of the apostles to the churches to pray.

Romans 15:30-32, Ephesians 6:18-20, Philippians 4:6-7, Colossians 4:2-3, 1 Thessalonians 5:25, 2 Thessalonians 3:1-2, 1 Timothy 2:1-4, James 5:13-18, 1 Peter 4:7, 5:7, Jude 20.

So, to pray is a Christian duty.

You cannot live in expectation of the result of no prayer.

The power of God guarantees results when we pray.

Your hope of change in any situation or the mere possibility is rooted in your prayer. Prayer carries in it the obvious power to make changes.

And change is possible if and when we pray.

The possibilities in the atmosphere of prayer is guaranteed by the effectual power of our Most High God.



Mark 10:27 - And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible. Matthew 19:26, Luke 18:27

Genesis 18:14 - Is any thing too hard for the LORD? At the time appointed I will return unto thee, according to the time of life, and Sarah shall have a son.

Jeremiah 32:27 - Behold, I am the LORD, the God of all flesh: is there any thing too hard for me?

Titus 1:2 - In hope of eternal life, which God, that cannot lie, promised before the world began;

Hebrews 5:7 - Who in the days of his flesh, when he had offered up prayers and supplications with strong crying and tears unto him that was able to save him from death, and was heard in that he feared;

Hebrews 6:17-18 - Wherein God, willing more abundantly to shew unto the heirs of promise the immutability of his counsel, confirmed it by an oath: That by two immutable things, in which it was impossible for God to lie, we might have a strong consolation, who have fled for refuge to lay hold upon the hope set before us:

Luke 1:37 - For with God nothing shall be impossible.

Jesus in his prayer also confirmed nothing is beyond God no matter how ludicrously incredulous it sounds.

Mark 14:35-37 And he went forward a little, and fell on the ground, and prayed that, if it were possible, the hour might pass from him. And he said, Abba, Father, **all things are possible unto thee; take away this cup from me: nevertheless not what I will**, but what thou wilt.

So, your prayer is an indication, your proof that you trust God. You claim to trust God, then pray! Don't whine or worry away the time. There is possibility for those who trust the Lord.

Mark 9:23 - Jesus said unto him, If thou canst believe, all things are possible to him that believeth.

Mark 11:23-24 - For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. Therefore I say unto



you , What things soever ye desire , when ye pray , believe that ye receive them, and ye shall have them. Matthew 21:21-22

Matthew 17:20 - And Jesus said unto them , Because of your unbelief : for verily I say unto you , If ye have faith as a grain of mustard seed , ye shall say unto this mountain , Remove hence to yonder place ; and it shall remove ; and nothing shall be impossible unto you .

Luke 17:6 - And the Lord said , If ye had faith as a grain of mustard seed , ye might say unto this sycamine tree, Be thou plucked up by the root , and be thou planted in the sea ; and it should obey you.

Let us consider these examples.

Abraham and God - Genesis 18:17-33

Jesus and Martha & Mary - John 11:1-44

Prayer is a lifelong activity

Colossians 4:2

Continue /proskartereō/ to be earnest toward something, to persevere, diligent constantly, to attend to something assiduously, to adhere closely, continuously attend.

Acts 1:14, 2:42, 46, Acts 6:4, Acts 8:13, 10:7 Romans 13:6. Romans 12:12, Colossians 4:2

Watch /grēgoreō/ keep awake, to be vigilant, watchful, give attention to, to take heed lest some unfortunate thing overtake because of indolence,

Matthew 24:42-43, 25:13, 26:38, 40-41 (Mark 14:34, 37-38), Mark 13:34-35, 37, Luke 12:37, 39, Acts 20:31, 1 Corinthians 16:13, Colossians 4:2, 1 Thessalonians 5:6, 10, 1 Peter 5:8

So, to continue and watch unto prayer would be to diligently and constantly take heed to prayer. It is a command. It is a duty.